



THE VALLEY PARTNERSHIP



**Webber's C of E (VA)
Primary School**
Holcombe Rogus
Wellington
Somerset
TA21 OPE

☎ & Fax: 01823 672510
Email:
admin@webbers.devon.sch.uk
Website:
www.webbers.devon.sch.uk

THE VALLEY PARTNERSHIP

Church of England



Devon County Council

**Burlescombe C of E (VC)
Primary School**
Station Road
Burlescombe
Devon
EX16 7JH

☎ & Fax: 01823 672521
Email:
admin@burlescombe.devon.sch.uk
Website:
www.burlescombe.devon.sch.uk

Summer Term Newsletter No.2

Friday 24th April 2020

Messages from Mrs Eveleigh...

Dear Parents/Carers,

I hope that you and your families are still keeping safe and well. Across the partnership everyone has been very busy with their home learning - parents and children! I thank you for all your efforts. Our next home learning is ready for Monday 27th April. These will be available on the school website and are directly from the links at the end of this newsletter.

Please continue to email Webber's so that we can forward this to our teaching teams. The staff at home are very busy planning and marking children's work - there are 130 children across the partnership and we are trying to make sure every child's work has a personalised response at least once a week. Some staff are also on intense professional development courses to make sure we are all up to date ready to start back. Other staff are in school with our key worker and vulnerable children on a rota basis.

We are also endeavouring to contact everyone to see how they are doing as part of our keeping in touch links, so if you are left a message on your phone from us and you can ring us back it would be great to hear from you. I have had lovely calls this week with several children and families telling me all about their lockdown adventures! There are fabulous creative ideas happening in your homes, alongside the odd disagreement about whose turn it is to go on the computer - grown-ups or children 😊!

I have not had chance to see the BBC Bite Size clips, but I would be delighted to hear from any families that could recommend ones that have been particularly helpful - just pop me an email through the usual channels.

Our regional School Sports Coordinator Kevin Moran has sent information about a Physical 2.6 challenge that is linked to the postponed London Marathon. I would suggest that several of the activities are more for KS2, teenagers and adults but they do look like great physical challenges to do during our current situation. I have put his message at the end of this newsletter in case you are interested. There is also a donation link to the marathon charities, as with all charities at the moment they are suffering as their fund raisers have been cancelled. The activities can be done without sponsorship and just ways to make things fun.

We are very fortunate that Youth Worker Robin has put up another YouTube worship for us. For this week's worship please follow the link:

<https://youtu.be/flIaev1dILk>

Children, do please view this with your grown-ups as it has some very relevant messages for us all. If you have a special achievement you would like to share then please let us know.

During this time we are very much mindful of emotional mental health and we have just received information from Helen Wilson about some sessions that you may be interested in. Helen is the professional who delivers mindfulness to the children across the partnership. Please see the pages at the end of this newsletter. We may be able to sponsor the cost of this course for some families - please let us know very quickly if you are interested.

With my very best wishes to you all,

Deborah Eveleigh
Executive Head Teacher

Other news...

Free School Meals

Should anyone's circumstances change and you think you might be eligible for free school meals. PLEASE check out at:

<https://www.devon.gov.uk/educationandfamilies/school-information/school-meals>

There are weekly £15 vouchers available. At the moment there have been a few hiccups with processing vouchers and nationally they are taking time. We are doing our very best to chase these up for you - currently the 1 hour wait to even log onto the site does not seem to be decreasing, but we will keep going. If you are still waiting for vouchers do please let us know if they arrive.

ELECTRONIC Information sent this week

Stars of the Week Certificates - we are aiming to send them electronically to the nominated children.

Helen Wilson and Kevin's 2.6 challenge 😊

STARS OF THE WEEK

Leon S	Jack H
John W	Jack N
Milo E-B	William R
James H	Brooke M

THE TVP DIARY		
Date	Location	Activity
Immediate - any outstanding work from last week	Email work & weekly timetable sheet in to admin@webbers.devon.sch.uk	Please remember: labelled with your child's name, school and year group followed by the date - thank you: Example: <i>Charles J WPS Y4 17032020</i> .
MONDAY 27 th APRIL	SCHOOL WEBSITES	<u>Summer 3 Home learning released</u>
Mon 27 th – Friday 1 st May	Webber's School	SUMMER Week 3 Emergency Childcare OPEN for Webber's and Burlescombe Essential KEY workers & vulnerable children only please. All week 8:40-3:30pm. Please email between 9 and 3pm (admin@webbers.devon.sch.uk) should you need to use this service as children need to be booked in. We have a skeleton staff to keep this service operating. Lunch is available but - wear own clothes/coat/wellie/water bottle & and PE kit.
Friday 1 st May	Email work & weekly timetable sheet in to admin@webbers.devon.sch.uk	Please remember: labelled with your child's name, school and year group followed by the date - thank you: Example: <i>Charles J WPS Y4 17032020</i> .
We will advise you where we can of any changes via email and update with our plans after Easter. Latest national guidance https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers		

HOME LEARNING LINKS THIS WEEK:

WPS KS1 (R,Y1 & Y2)	http://webbers.devon.sch.uk/download/ks1-class-r-year-1-and-year-2-summer-term-week-three-home-learning/
BPS KS1 (R,Y1 & Y2)	http://burlescombe.devon.sch.uk/download/ks1-class-r-year-1-and-year-2-summer-term-week-three-home-learning/
WPS KS2 (Y3, 4, 5 & 6)	http://webbers.devon.sch.uk/download/ks2-years-3-6-summer-term-week-three-home-learning/
BPS KS2 (Y3, 4, 5 & 6)	http://burlescombe.devon.sch.uk/download/ks2-years-3-6-summer-term-week-three-home-learning/

Helen Wilson message:

Feel good on the inside!

Online intervention sessions for all the family.



NOTICING THOUGHTS
NOTICING FEELINGS

BUILDING A CALM KIT
CHANGING THOUGHTS

FOCUSSING ON THE POSITIVE
MANAGING TRICKY FEELINGS



Sessions via Zoom every
Tuesday and Thursday @ 2pm

April 28th - May 14th

For more information please email:
helen@openmindsuk.org.uk



£30 for the full
course of 6 sessions

open minds

the **2.6** challenge

#TwoPointSixChallenge

Join the nation for
The 2.6 Challenge
 and help save
 the UK's charities
 on Sunday 26th April

The Covid-19 pandemic has had a catastrophic effect with the cancellation of thousands of events and the loss of billions in income through fundraising events.

You don't have to be super fit to take part - use your daily exercise to fundraise for your chosen charity.

Visit twopointsixchallenge.co.uk

A message from Kevin East Devon School Sport Coordinator:

Hello everyone,
 I hope that you and your families are staying well and staying active during this difficult time. **This coming week there is something a little bit different for you to get involved with.**

This Sunday, 26th April, was the day the Virgin Money London Marathon was supposed to take place, with tens of thousands of participants set to run just over 26 miles through the heart of the British capital. But this is now not possible and the marathon has been postponed to October.

The organisers of the marathon have instead launched a **week-long 2.6 challenge** to bring the Nation together. Could YOU and your FAMILIES join in with the 2.6 challenge. Are you up for it?

Sunday 26th April will be the first day of the National 2.6 Challenge. Taking part is simple - the 2.6 Challenge can be any form of physical activity that works for you. **It just needs to include the numbers 2 and 6!** For example, 26 miles, 2.6 miles, 2.6km, 26 repetitions or for 26 minutes etc.

You can complete challenges in your home, your garden, if you have one, or as part of your daily exercise. For example, you could go up and down the stairs 26 times, dance for 26-minutes, do a 2.6 mile run, bounce on your trampoline 26 times – anything you like!

The challenge lasts for a week and is open to anyone of any age – the only requirement is that **the activity must follow the government guidelines** on exercise and social distancing, so remember to stay local.

It would be great if you could try 1 or 2 challenges each day between Sunday 26th April to Sunday 3rd May. You could do the challenges on your own and try to better your score each time. You could challenge a family member to see who gets the best time, distance or the most repetitions. Better still you could try to get the whole family involved and aim to complete '5 a day' between you all.

We have attached a sheet with lots of 2.6 challenge ideas, which you can use to record your daily scores. The list is just to help you get started. We are sure that you will come up with some of your own great 2.6 ideas. There is space at the bottom of the sheet for you to put in your own ideas. **We would love to hear all about your 2.6 challenges** so that we can celebrate your success and achievements. So do let us know.

Should you want to read more about the National challenge the links are below. There is the opportunity to raise money for the charities that the marathon would normally support if that were something you might be interested in doing.

<https://uk.virginmoneygiving.com/giving/events/twopointsix/>

https://uk.virginmoneygiving.com/giving/assets/pdf/VMG_2point6_ActivityPack.pdf

We wish you the best of luck with the 2.6 Challenge! Let's all be Home Heroes



#Twopointsixchallenge

Challenge Description	Day & date I completed the Challenge	My score (This is optional) Time Distance Repetitions	I did the challenge: *On my own. *I Challenged a friend/family member. *With my whole family for fun
Bike ride for 2.6 or 26 miles (or kilometres) over the whole week.			
Bounce a ball 26 times without losing control. If you are good at these skills, maybe time how long it takes you to do it.			
Dance to your favourite songs for 26 minutes or 2.6 minutes (156 seconds)			
Run 2.6miles or 2.6km.			
Complete 26 press ups.			
Try and do 26 football 'Keepy ups'. If you are good at these skills, maybe time how long it takes you to do it.			
Skip for 2.6 minutes (156 seconds) or complete 26 skips without any mistakes.			
Try 26 sofa /coffee table tricep dips			
Jump 26 times on a trampoline Try some different shapes			
Stretch with 26 Yoga poses – that's one for each letter of the alphabet!			

Throw and catch a ball 26 times against a wall or with a partner.			
Hold a plank position for 26 seconds or 2.6 minutes.			
Choose 26 tunes with your family and hold a dancing disco!			
Complete 26 star jumps or 26 jumping jacks			
Hop on each leg 26 times			
Take your dog for a 26 minute walk or 2.6 mile walk			
Complete 26 laps of your garden – walking, running, skipping, hopping			
Complete 26 step ups			
Hoola-hoop for 26 seconds or 2.6 minutes!			
How far can you sprint in 2.6 seconds?			
Can you throw a ball / rolled-up sock into a bucket 26 times			
How quickly can you complete 26 two footed jumps over a line on the floor?			
Complete 26 shoulder shrugs as fast as you can.			
Walk up and down the stairs 26 times.			
Stand up and sit down from a chair 26 times			
Balance on 1 leg and write your name 26 times on a piece of paper! Can you do it without falling over?			
Complete 26 football passes against a wall or with a partner			

Run with high knees on the spot as fast as you can for 26 seconds			
Complete 26 10m shuttle runs as fast as you can			
Rub your tummy with one hand and pat your head with the other hand 26 times			
Hold a wall sit for 2.6 minutes			
During a TV ad break can you complete 26 press ups or 26 squats or 26 star jumps or 26 sit ups before the programme comes back on?			

This is space for you to come up with your own ideas for 2.6 challenges

Description of YOUR challenge	Day I did the Challenge Try and do 5 challenges for each day	My score	I did the challenge: *On my own. *I Challenged a friend/family member. *With my whole family for fun